

**MONTHLY CHALLENGE**

Communicate with each of your child(ren)s teachers.

- Know where and how your child can get extra help
- Help your child organize their homework and set realistic goals
- Discuss consequences for missed assignments, late homework, etc.
- Keep a positive attitude
- Join the Parent Council

**External Assets**

The first four asset categories focus on external structures, relationships, and activities that create a positive environment for young people.



Support



Empowerment



Boundaries & Expectations



Constructive Use of Time

**Internal Assets**

These assets reflect internal values, skills, and beliefs that young people also need to fully engage with and function in the world around them.



Commitment to Learning



Positive Values



Social Competencies



Positive Identity

# listen Laugh inspire

## listen



By Adam Deathe (20 years old)

### Succeeding together...

As I head into my third year at university, I realize the lessons I have learned as a WDHS student have been crucial to my success in postsecondary education. Parents, you are a necessary support but your role is not to be a helicopter parent. Hovering over a student's experiences and problems will not allow them to truly succeed. Parents need to encourage their children to do their best. This does not just mean pushing them to achieve high grades, but instead cultivating their willingness to learn by offering encouragement and support. Most importantly, there needs to be communication between parents and teachers. Both parties need to be aware of what is going on in the other's domain. Parents need to be aware of assignments as well as problems and successes at school and teachers need to hear feedback from parents about their students' complaints and praise for their educational experiences. Teachers also need to understand your child's strengths, past challenges, health or personal issues. To see the achievement of our community's youth, there needs to be an active participation by our parents and teachers towards helping students recognize their potential.

## Laugh



## inspire

Asset # 22 School Engagement

**68% of WDHS students are actively engaged in learning\***

\*Results from Nov. 2012 survey of Grade 9 – 12 students at Waterdown District High School

