

MONTHLY CHALLENGE

Involvement Challenge
 Involve your child/teen in a fundraising or charity event!

- If you're on a decision-making board, invite young people to be members
- Encourage your student to attend Student Parliament/Council sessions or be part of a planning team
- Allow your child to make a decision that affects them
- Encourage kids to mentor their peers
- Read the local newspaper together and discuss issues

External Assets

The first four asset categories focus on external structures, relationships, and activities that create a positive environment for young people.

-  Support
-  Empowerment
-  Boundaries & Expectations
-  Constructive Use of Time

Internal Assets

These assets reflect internal values, skills, and beliefs that young people also need to fully engage with and function in the world around them.

-  Commitment to Learning
-  Positive Values
-  Social Competencies
-  Positive Identity

listen Laugh inspire

listen



By Shauna Deathe

Giving your child a voice... As a member of the WDHS Student Parliament, I know how important it is as a teenager to be involved and to have a voice. It keeps me knowing what's going on, as well having my say in things. This year our Student Parliament has been focused on connecting to the community. Most teenagers believe that their opinions aren't really that relative in today's society, and that even if they speak up, they won't be heard. As a member of student parliament, where every voice counts, I know this to be untrue. I know personally how much of a positive impact it can have on a person to feel that they have a say in things and to feel that their voice is indeed heard and, furthermore, taken into account. Encourage your child to join a planning committee of some sort, allow them to make their own decisions, talk to them about choices and listen to them too. Value their opinions and empower them, then sit back and watch as they grow as a person. Having a voice is one big step for a teen but having it heard takes them that much further.

Laugh



inspire

Asset # 8 – Youth as Resources

32% of students feel they are given useful roles in the community.*

*Results from Nov. 2012 survey of Grade 9 – 12 students at Waterdown District High School

