

MONTHLY CHALLENGE

Look for an exciting activity or opportunity for your child.

- Pay attention to your kids' interests
- Help them work through challenges or setbacks
- Set high but realistic expectations based on your child's strengths
- Communicate your expectations clearly and encourage them to attain them
- Shoot for long term but focus on short term
- Be willing to adjust
- Celebrate successes

External Assets

The first four asset categories focus on external structures, relationships, and activities that create a positive environment for young people.



Support



Empowerment



Boundaries & Expectations



Constructive Use of Time

Internal Assets

These assets reflect internal values, skills, and beliefs that young people also need to fully engage with and function in the world around them.



Commitment to Learning



Positive Values



Social Competencies



Positive Identity

listen Laugh inspire

listen



By Penny Deathe

Great expectations... "Tinker, tailor, soldier, sailor, rich man, poor man, beggar man, thief" is a game I played as a child with gooseberry pits and my children played with cherries that determined what we'd be or who we'd marry. Of course we couldn't eat more than 5 as no one wanted to be, or marry, the last few. If only it were this easy!! When my son, Adam, graduated there was no question, he was heading to university. It's what was expected and we really didn't give him any other option. Shauna, my eldest daughter, just graduated and after many frustrating conversations I realized I was just stressing her out (and me!). I also realized I wasn't practicing what I preached! This year we (HC-HY) partnered with our schools and business community to launch "What's Your Path", which helps students figure out what they want and what they need to get there. It's about options and here was me not giving my children any!! So Shauna has taken a gap year and is really excited about it. First she's using co-op to test drive a career option, then she's saving up to go to England on an internship. What we've discovered is that gap years are very popular in other countries and there are lots of opportunities to experience different careers through co-ops and internships. Jaime, my youngest, gets to play a new game... "University, college, apprenticeship, co-op, internship, travel, volunteer..."

Laugh



inspire

Asset # 16 – High Expectations 48% of students feel both parent(s) and teachers encourage them to do well.*

*Results from Nov. 2012 survey of Grade 9 – 12 students at Waterdown District High School

